

Comprehensive Program Review Report



Program Review - Kinesiology

Program Summary

2020-2021

Prepared by: Michelle Bolt

What are the strengths of your area?: 1. Kinesiology program success rates improved 8 percentages from last year.

2. Kinesiology 001 course success rate improved 10 percentages from last year.

3. Kinesiology 088 course success rate improved 15 percentages from last year.

4. 100% of Kinesiology 084 passed the course last year.

5. Kinesiology 082 & 084 have a higher than normal minority population specifically black males and they are passing the course at extremely high rates.

6. Kinesiology 093 pilot class was offered in the fall

7. Kinesiology 001, 093 and 088 all began updating the distance education addendum in course leaf prior to the COVID epidemic.

8. Therefore, all 3 courses are at various stages in the process.

9. The revision of Kinesiology 088 elevated the course to be recognized into CSU AREA D.

What improvements are needed?: The Kinesiology 093 pilot course only had 3 students enrolled and was cut. 2. I believe that offering the EW until after the semester ended had a lot to do with success rates. I utilized it to drop students who never made it back after classes went fully on-line.

Describe any external opportunities or challenges.: The workload of teaching all on-line is extreme, far more than normal. It's overwhelming because students are so tremendously needy. Serving students can be a 24 hr. job if you let it. The challenging part is that 95% of students' questions have nothing to do with the content of the classes. NOTE: All of this coming from someone who has taught Health & Wellness 001 as distance education courses for several years.

Overall SLO Achievement: SLO assessments completed for all kinesiology course offerings for the academic year- Fall 2018- spring 2019.

SLO assessments are adequate in all classes except Kinesiology 001. It seems students are challenged by the rigor of understanding anatomical, physiological and biomechanical systems to physical activity and sport. Multiple measures of each outcome have been incorporated into course material to create a variety of to identify reliability of assessment.

Kinesiology 88,82 & 84 all report high SLO achievements. A little bit Interesting, considering the success rate of Kinesiology 88 is 61%.

Changes Based on SLO Achievement: Changes in timing and methods of SLO assessment are projected to reduce statistics related to students who fail to attempt assessment and/or drop class. Additional weekly office hours were added to Kine 001 and Kine 88 in order to provide more individual support for student needs.

Overall PLO Achievement: Pass Rate: Kinesiology program success rate (75%) is 5% higher than the District's 6-year average (Fall 2012-Fall 2017) reported by the COS Office of Research, Planning and Institutional Effectiveness of 70%.

Kinesiology faculty continue their development by participating in FLEX seminars on campus lead by Sara Harris (Course leaf) and Jonna Schengel (Program Review Reporting). Cooperation among Division colleagues has also enhanced PLO achievement.

Changes Based on PLO Achievement: 1. There will be editions to SLO Assessments in Kinesiology 1 to encompass more of PLO #1 in assessment evaluations.

2. Kinesiology 1 is currently on step 4 of course leaf's course revision approval process; for consideration of inclusion into the distance education program. A program that has grown enrollment 2,292 students, 39 sections and 14 instructors in the last academic year. Deborah Nolan has already reviewed the distance addendum and simply waits for her turn to approve it.

3. Kinesiology 1, 88, and 93 will all be proposed for COS AA-AS General Education Course Inclusion in October 2019.

Outcome cycle evaluation: The Kinesiology program course outcomes are evaluated and reported annually. The program is not just merely compliant with the 3 year evaluation cycle but reflect a compelling commitment to the process.

Action: Propose (3) kinesiology courses (1,88,93) for inclusion into COS AA , Area C & D. BOLT, FALL 2019

In partnership with our Student Athletic Counselor, we will propose that Kinesiology 1, 88,93 and 88 be included into the general education curriculum choices for students working towards a COS-AA . Research through assist.org indicates that some colleges are offering these courses not only as transferable to the CSU GE Pattern Area E. but also in there Institutional general education requirements for an Associates Degree under areas C (Humanities) and D (Social and Behavioral Sciences). All 3 courses have successfully been updated, revised and completed through course leaf in the last year. All three are identified as COS GE matriculating courses on their course inventory management paper work.

Leave Blank: Essential for Operation

Implementation Timeline: 2019 - 2020

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Identify related course/program outcomes: District Objective 1.1 Increase FTES

District Objective 2.1 Increase AA or CTE by 5 over three years

Person(s) Responsible (Name and Position): Michelle Bolt, Instructor and Robyn Roche, Academic Counselor

Rationale (With supporting data): Having these three courses articulated into our college campus AA offerings will impact Kinesiology program productivity (14.38), efficiency and will allow us to create a variety of classes that speaks to students interests. In 2018-2019, Kinesiology 88 was revised to a CSU-UC transferable level. The rationale for upgrading this class was to save it from the "chopping block" because of statistics such as the following: 7.50 productivity, .20 FTEF, 1.50 FTES and 67% success rate. Thus, our intention was to increase enrollment by adding CSU-UC level rigor to enhance popularity among counselors and students.

Kinesiology 001 is the only offering that consistently exceeds minimum enrollment (25.5), because it's a transferable pre-requisite for the major at State colleges as well as a pre-requisite into a subfield, named physical therapy; where job opportunities are booming. Since other California junior colleges have established that these 3 courses meet their individual college's requirements for articulation into humanities and/or social/behavioral areas; it seems reasonable that they should be proposed for inclusion into ours as well. Not to mention that they are reported as COS GE Area D courses in course leaf.

Priority: High

Safety Issue: No

External Mandate: No

Safety/Mandate Explanation:

Link Actions to District Objectives

District Objectives: 2018-2021
District Objective 1.1 - The District will increase FTES by 1.75% over the three years
District Objective 2.1 - Increase the percentage of students who earn an associate degree or certificate (CTE and Non-CTE) by 5 percentage points over three years
District Objective 2.2 - Increase the number of students who transfer to a four-year institution by 10 percent over three years

Action: Distance Education Addendum Approval For Kinesiology 001 (Fall 2019)

Course revision approval for Kine. 001, Introduction to Kinesiology, as a distance education course offering.

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Implementation Timeline: 2019 - 2020

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Identify related course/program outcomes:

Program Review - Kinesiology

Person(s) Responsible (Name and Position): Michelle Bolt, Instructor, Jody Allen, Division Chair, Brent Davis Dean

Rationale (With supporting data): This will be the first Kinesiology distance education course offering and our second (Health & Wellness 001) within our Division. With the increase of job opportunities, job satisfaction scores and offering a Physical therapy assistant program on campus, Kinesiology 001 courses busting at the seams. Last year (2018-2019), we offered two sections in the spring, which has never been done before and ----- students completed the courses.

Offering this course on-line, supports the needs of students whom require flexibility in their schedule to academically achieve. It increases opportunity in a high interest field, major, and course of study. Obviously, the increased availability of this course generates more students participating in more units. Ideally, this will lead to more students satisfying curriculum requirements for transfer or program-certificate inclusion and completion. Once these same students graduate, become professionals working within this field of study,

Priority: High

Safety Issue: No

External Mandate: No

Safety/Mandate Explanation: